



Camden County PSA
Executive Director's Report
January 19, 2023

The following is a summary of the activity occurring at the PSA:

Parks

St Marys Recreational Park

- Installing fence in new areas
- Installing new scoreboards
- Getting the fields ready with new sand and clay
- Building new score keeper towers
- Getting the dugouts ready to be used with new construction
- Built a new small dog park

Howard Peoples Park

- Replaced basketball goal with new one

Special Programs and Events

- Holiday Camp was held December 19, 20, 21, 22, 28, 29 and 30th. On-site field trips included:
 - Camden Fire Rescue/Kingsland Fire Rescue allowed the children to explore a fire engine and a tanker along with Sparky the fire dog.



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- Kingsland Police/Camden County Sheriff's Office enjoyed "Cookies with a Cop" officers/including Chief Evans shared cookies, played games, puzzles and played basketball with the kids.
- Camden County Sheriff's Department K-9 unit introduced a few of their K-9 friends explaining what the K-9's do, name, age, answering questions and allowing the kids time to pet the K-9's.
- Santa came to visit and read a story, ate cookies, had a snowball fight and took pictures.
- Tracy with VegeCooking Camden taught the kids healthy eating habits along with how to make a holiday side dish.
- 2/1 Ballroom dance-opening night
- 2/3 National Wear Red Day reception in the lobby area from 9:30am-1:00pm.
- 2/11 Sweetheart Dance for all ages 5-7pm.

Gymnastics

- Xcel Bronze, Silver, Gold teams went to Red, White and You Invitational in Moultrie GA. Silver team won **1st place**, both Bronze and Gold team placed **2nd**.
- Gymnasts in level 7 & 8 will compete at Sand Dollar Invitational in Orlando FL this weekend January 21st & 22nd.
- In the recreational gymnastics classes (Mondays and Wednesdays)
 - 30 kids in the Pre-school class (ages 4-5)
 - 30 kids in the class for ages 6-7
 - 30 kids in the class for ages 8 and up
- Currently working on our yearly showcase for recreational gymnastics. Tentatively scheduled in May.

Elite Cheer

- First competition is moved to February 11th in Jacksonville.



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Athletics

- Adult Softball has concluded. It was a great season overall.
- Basketball games are now underway and players are thrilled each week to play.
- Spring sports registration is now open for baseball, t-ball, coach pitch, softball, and track.
- Basketball registration has ended. Teams have begun practicing. Our participation numbers in basketball are up from last year. Last year we had a total of 582 kids in basketball and 24 girls in cheerleading. This year we have 647 kids in basketball and 57 girls in basketball cheer. We made up a total of 60 teams this year.
 - There are twelve 6 and under teams, nine 8 and teams, eleven 10 and under teams, nine 12 and under teams, five, 14 and under teams, four 17 and under teams, six 10 and under girl teams, and four 14 and under girl teams
 - The season will begin January 7, 2023

Aquatics

- High School Swim team is finishing up their season
- PSA is still giving swim lessons donated by St Mary's and the County governments

Senior Center

Senior Center Happenings

- Membership continues to grow from month to month with daily activities and transportation provided.
- Calendar of daily events are posted on Facebook and PSA Website.



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A few highlighted events:

- Daily exercise and Gardening 9:30/10:00 followed by scheduled activity.
- Bingo every Wednesday 10:00 in the dining room.
- The twenty-five days of Christmas were a huge success last month. The Salvation Army Angel tree and Adopt a Senior made a huge difference in the lives of seniors across Camden County.
- We were also fortunate enough to be selected in the Thanks Mom & Dad 2022-2023 grant Cycle. Our center received two thousand dollars to carry out the growth of our wellness adult tricycle program.
- Every other Thursday the center host Mecca Mason, MPH Coastal Health District for the Healthy Heart Ambassador Blood Pressure Self-Monitoring Program. Classes will be starting January 12th at 10:00am.

Miscellaneous

- New treadmills and other exercise equipment were installed on January 12th in the weight room.
- Coke Company donated 4 new scoreboards for the new fields in St Marys.
- The PSA has gained 45 new members so far for the month of January.

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