



**Camden County PSA
Executive Director's Report
May 2023**

Aquatics

- Summer swim lessons are reaching max enrollment
- In the process of hiring a new swim team coach
- Hired new lifeguards
- Summer pool hours have begun

Athletics

Baseball

- GRPA district tournament will be held from June 8-13th in Douglas-Coffee Co and Glynn Co.

Softball

- GRPA district tournament will be held June 9-14 in Ware Co

Track and Field

- The PSA hosted the GRPA District track meet April 21-22. Nine Counties competed. We had over 600 participants. The track meet generated over \$11,000. Camden won the District meet.
- 56 athletes from the district meet competed in the GRPA State meet in Jefferson Ga. May 11-13.
- Camden girls won the State Track meet and Camden boys were runner-up.
- Camden won 17 gold medals, 11 silver medals and 14 bronze medals.
- Camden broke state records in the 8u girls and 14u boys 4x100 m relay, 8u girls 100m and 200m and 14u boys long jump.

Volleyball and Adult Coed Softball

- Registration is currently ongoing.



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Camden County Senior Center

Senior Center Happenings

- Congregate meal, daily activities and transportation provided at no charge. Visitors welcome daily, for lunch reservation please call 912-729-1945.
- Calendar of daily events are posted on Facebook and PSA Website.

A few highlighted events

- May 1st Jewelry Making in the craft room
- May 9th Mother's Day Luncheon
- May 16th Auction in the dining room
- May 21st Watercolor painting in the dining room
- May 23rd Birthday Celebration
- May 25th Field Trip to Jekyll
- May 26th Closed in Observance of Memorial Day
- May 30th Painting in the dining room
- Daily Opening 9:30 followed by scheduled activities.
- Bingo every Wednesday 10:00 in the dining room.
- Every Thursday the center host Mecca Mason, MPH Coastal Health District for the Healthy Heart Ambassador Blood Pressure Self-Monitoring Program as well as an exercise class with Christina Gibson DPH, Savannah. Classes start at 10:00.

Fitness

- Hired 2 new group fitness instructors and have started new group fitness classes.

Gymnastics

- The Xcel teams (Bronze, Silver and Gold) went to the AAU State Championship in Carrollton, GA on April 21st-23rd. Individuals brought home 20 golds. In Novice division, Xcel Gold team won 1st place, Xcel Bronze placed 3rd. In the Experienced division, Xcel Gold placed 4th, Xcel Silver and Bronze placed 5th.
- Level 8, Kira Grady went to the Regional Championship in Greensboro, NC



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on April 29th, she took 5th place on vault with a score of 9.40, 6th place on bars with a score of 9.40.

- The Pre-team and GymStars had their showcase on May 13th in the gymnasium.
- Summer training will begin and gymnasts will work on skills required to advance in all levels.

Rec Gymnastics

- Continuing Thursdays class 4:30-5:30 for ages 6-7 along with regular classes for Monday and Wednesday.
- Hosted Rec Field Day for recreational gymnastics appreciation day on May 15th.
- Gymnastics birthday parties are currently booked through June 17th.
- Toddler time will be changing to Fridays only during summer months (June & July).

Elite Cheer

- The season has concluded. New registration began May 9th.

Memberships

- The PSA has gained 41 net new members for the month of April.

Special Programs and Events

- May 22nd First day of Summer Camp
- July 22nd Christmas in July

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