

Water Aerobics

Camden PSA Water Aerobics: Classes are ongoing year round at the Rec Center Pool

Come join the fun!!!

Monday - 12-1pm Aqua Aerobics

Tuesday - 12-1pm Aqua Stretch

Wednesday - 12-1pm Aqua Aerobic

Thursday - 12-1pm Aqua Stretch

Friday - 12-1pm Aqua Aerobics